

Pupil Name:

Class:

Date:

WEEK1 Week commencing 13.11.23 4.12.23

PLEASE TICK ONE MAIN MEAL AND ONE PUDDING PER DAY

Monday	Tuesday	Wednesday	Thursday	Friday
V Pizza Diced Potatoes Crunchy Veg Sticks	Chicken & Tomato Pasta, Peas & Sweetcorn, HB Garlic Bread	Sausages & Yorkshire Pudding Mash Potato Gravy Medley of Seasonal Veg Crusty Bread	Chicken Korma & Rice Cauli & Green Beans Naan Bread	Fish Fingers with Ketchup with Chips Carrots & Peas Sliced Wholemeal Bread
Tuna Sandwich	Cheese Sandwich	Ham Sandwich	Egg Sandwich	Chicken Sandwich
Cheese Jacket Potato	Baked Beans Jacket Potato	Tuna Jacket Potato	Cheese Jacket Potato	Baked Beans Jacket Potato
V Lemon Drizzle Muffin	V Orchard Fruit Crumble & Custard	V Cheese & Crackers	V Berry Marble Sponge & Custard	V Chocolate Orange Mousse Cake
Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK2 Week commencing 20.11.23 & 11.12.23

Monday	Tuesday	Wednesday	Thursday	Friday
V Pasta Bolognese Bake Broccoli & Sweetcorn Garlic Flatbread	Chicken Burger in a Bun Potato Wedges Coleslaw & Peas	Roast Loin of Pork with Apple Sauce Boiled Potatoes Gravy Carrots & Peas HB 50/50 Bread	Bolognaise Pitta with 50/50 Rice Medley of Seasonal Veg HB Sunflower Seed Bread	Harry Ramsdens Battered Fish with Ketchup Chips, Sweetcorn & Peas Crusty Bread
Cheese Sandwich	Ham Sandwich	Chicken Sandwich	Tuna Sandwich	Egg Sandwich
Tuna Jacket Potato	Cheeses Jacket Potato	Baked Beans Jacket Potato	Cheese Jacket Potato	Baked Beans Jacket Potato
V Custard Cookie, Fruit & Ice-cream	V Chocolate Sponge & Chocolate Sauce	V Raspberry Bun & Cheese	V Toffee Apple Muffin	V Lemon Shortcake
Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK3 Week commencing 27.11.23 & 18/11/23 NB 20.12.23 is a special lunch

Monday	Tuesday	Wednesday	Thursday	Friday
V Creamy Mac & Cheese Broccoli & Carrots HB Garlic Bread	Nacho Beef Bake 50/50 Rice Sweetcorn & Peas	Roast Chicken & Stuffing Mash Potato Gravy Medley of Seasonal Veg Crusty Bread	Egg, sausage, hash brown & beans HB 50/50 Bread	Fish Star (Salmon) with Chips Peas & Carrots HB Wholemeal Bread
Cheese Sandwich	Chicken Sandwich	Tuna Sandwich	Ham Sandwich	Egg Sandwich
Baked Bean Jacket Potato	Tuna Jacket Potato	Cheese Jacket Potato	Cheesy Bean Jacket Potato	Cheese Jacket Potato
V Berry Crumble Mousse Pot	V Chocolate Berry Brownie	V Rice Pudding & Peaches	V Oatie Cookie & Cheese	V Fruity Jam Sandwich & Custard
Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt