## Autumn Term 2025

	MEEL 4	MEETA	MEETA
	WEEK 1 1 <sup>st</sup> Sept, 22 <sup>nd</sup> Sept,13 <sup>th</sup> Oct, 10 <sup>th</sup> Nov 1 <sup>st</sup> Dec, 5 <sup>th</sup> Jan	WEEK 2 8 <sup>th</sup> Sept, 29 <sup>th</sup> Sept, 20 <sup>th</sup> Oct, 17 <sup>th</sup> Nov, 8 <sup>th</sup> Dec, 12 <sup>th</sup> Jan	WEEK 3 15 <sup>th</sup> Sept, 6 <sup>th</sup> Oct, 3 <sup>rd</sup> Nov, 24 <sup>th</sup> Nov, 15 <sup>th</sup> Dec, 19 <sup>th</sup> Jan
M O N D A Y	Cheesy Tomato Pasta Bake Carrots & Broccoli Tuna Sandwich Baked Bean Jacket Potato *****  Vg Vanilla Swirl Cookie Fresh Fruit or Fruit Yoghurt	Chicken Burger Diced Potatoes BBQ Beans & Peas Ham Sandwich Cheese Jacket Potato *****  V Oat Cookie & Cheese Fresh Fruit or Fruit Yoghurt	V Pizza Potato Wedges Peas & Sweetcorn Egg Mayo Sandwich Baked Bean Jacket Potato ***** V Chocolate Brownie
T U E S D A	Chicken Korma with 50/50 Rice Green Beans & Sweetcorn  Egg Mayo Sandwich Cheese Jacket Potato  *****  V Fruity Jam Sandwich & Custard Fresh Fruit or Fruit Yoghurt	V Crunchy Topped Mac & Cheese Broccoli & Carrots Tuna Sandwich Baked Bean Jacket Potato *****  V Sticky Toffee Pudding & Custard Fresh Fruit or Fruit Yoghurt	Spaghetti Bolognese Carrots & Broccoli Tuna Sandwich Cheese Jacket Potato *****  V Cheese & Biscuit Fresh Fruit or Fruit Yoghurt
W E D N E S D A	Minced Beef & Dumpling Mashed Potatoes Medley of Veg Cheese Sandwich Tuna Jacket Potato  *****  V Jelly & Ice-cream Fresh Fruit or Fruit Yoghurt	Roast Gammon Mashed Potatoes Peas & Sweetcorn Egg Mayo Sandwich Cheesy Bean Jacket Potato *****  V Berry Mousse Pot Fresh Fruit or Fruit Yoghurt	Roast Chicken & Yorkshire Pudding Mashed Potatoes Medley of Veg Cheese Sandwich Tuna Jacket Potato ***** V Rice Pudding & Jam Fresh Fruit or Fruit Yoghurt
T H U R S D A	Hot Dog Potato Wedges Veg Sticks Ham Sandwich Cheese Jacket Potato ***** V Toffee Apple Muffin Fresh Fruit or Fruit Yoghurt	Beef Mexican Taco with Rice Medley of Veg Cheese Sandwich Tuna Jacket Potato *****  V Chocolate Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Pork Meatballs in a Tomato Sauce with Rice Cauli & Green Beans Ham Sandwich Baked Bean Jacket Potato *****  V Rhubarb Crumble Sponge & Custard Fresh Fruit or Fruit Yoghurt
F R I D A Y	(Harry Ramsdens) Battered Fish Chips Peas & Sweetcorn Cheese Sandwich Baked Bean Jacket Potato *****  V Chocolate Orange Mousse Cake Fresh Fruit or Fruit Yoghurt	Fish Star (Salmon) Chips Ketchup Carrots & Peas Cheese Sandwich Baked Bean Jacket Potato ***** V Lemon Drizzle Shortbread Fresh Fruit or Fruit Yoghurt	Fish Fingers Chips Peas & Sweetcorn Ketchup Tuna Sandwich Cheese Jacket Potato ***** V Fruit Muffin Fresh Fruit or Fruit Yoghurt