

**Thirsk Community Primary School**  
**PSHE Overview 2 Year Rolling Programme of Study**

Year Group Year A/B	Autumn Term		Spring Term		Summer Term	
Topic titles A	Towers, Tunnels and Turrets	Food Glorious Food	Famous People	Street Detective	Out of an Egg Animals and their habitats	Passport to the World
1/2	<b>Physical health and wellbeing</b> Fun times	 <b>Keeping safe and managing risk</b> Feeling safe	<b>Identity, society and equality</b> Me and others	<b>Drug, alcohol and tobacco education</b>  What do we put into and on to bodies?	<b>Mental health and emotional wellbeing</b> Feelings	<b>Careers, financial capability and economic wellbeing</b> My money
Topic titles B	Go Wild	Celebrations	Fire, Fire!	Superheroes	Going Green	Going for Gold
1/2	<b>Physical health and wellbeing</b> What keeps me healthy?	<b>Mental health and emotional wellbeing</b> Friendship	 <b>Sex and relationship education</b> Boys and girls, families	 <b>Sex and relationship education</b> Boys and girls, families	<b>Keeping safe and managing risk</b>  Indoors and outdoors	 <b>Drug, alcohol and tobacco education</b> Medicines and me
Topic titles A	Stone Age	It's a Performance	Sound and Vision	Local Study	Rock-a-doodle-do	Water Cycle/ Solids/ Liquids and Gasses
3/4	<b>Drug, alcohol and tobacco education</b> Tobacco is a drug	 <b>Keeping safe and managing risk</b> Bullying – see it, say it, stop it	<b>Mental health and emotional wellbeing</b> Strengths and challenges	<b>Identity, society and equality</b> Celebrating difference	<b>Careers, financial capability and economic wellbeing</b> Saving, spending and budgeting	<b>Physical health and wellbeing</b> What helps me choose?

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Topic titles B	The Digestive System	Egyptians/ Greeks	Romans and Anglo Saxons	Forces and Magnets	Plants and Rainforests	Food
3/4	<b>Identity, society and equality</b> Democracy	 <b>Drug, alcohol and tobacco education</b> Making choices	<b>Physical health and wellbeing</b> What is important to me?	 <b>Keeping safe and managing risk</b> Playing safe	 <b>Sex and relationship education</b> Growing up and changing	 <b>Sex and relationship education</b> Growing up and changing
Topic titles A	Vikings	Electricity	Forces and Space	Around the World	Evolution	Materials
5/6	<b>Physical health and wellbeing</b> In the media	<b>Identity, society and equality</b> Stereotypes, discrimination and prejudice (including tackling homophobia)	 <b>Keeping safe and managing risk</b> When things go wrong	<b>Mental health and emotional wellbeing</b> Dealing with feelings	 <b>Drug, alcohol and tobacco education</b> Different influences	<b>Careers, financial capability and economic wellbeing</b> Borrowing and earning money
Topic titles B	Pig Heart Boy -Circulation	WW2	Mayan	Light/eye	Living things and their habitats	Carnivals
5/6	 <b>Sex and relationship education</b> Healthy relationships / How a baby is made	 <b>Sex and relationship education</b> Healthy relationships / How a baby is made	 <b>Drug, alcohol and tobacco education</b> Weighing up risk	<b>Identity, society and equality</b> Human rights	 <b>Mental health and emotional wellbeing</b> Healthy minds	 <b>Keeping safe and managing risk</b> Keeping safe - out and about FGM

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